



LUNES	5:00 AM	6:00 AM	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	12:30 PM	3:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM
		INDBIKE JOHANNA YOGA OLGA	INDBIKE JOHANNA	POWER FIT SERGIO BOX TRAINING 90Min LUIS	INDBIKE JOHANNA	YOGA JOHANNA FULLDANCE MARIO	INDBIKE JOHANNA	XTREME FIT LUIS R.			FITKIDS BAILE MAIRA	FITKIDS BAILE MAIRA	INDBIKE KAREN X-TREME FIT FER	INDBIKE KAREN POWER FIT FER TOTAL BODY CONDITION MAIRA

MARTES	5:00 AM	6:00AM	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	12:30 PM	3:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM
	INDBIKE ROGER	X-TREME FIT SERGIO	INDBIKE ROGER KICKBOXING SERGIO	INDBIKE ROGER SUSPENTION TRAINING TRX FERNANDO TOTAL BODY CONDITION SERGIO	INDBIKE SERGIO POWER FIT FERNANDO	AQUA TRAINING SERGIO						INDBIKE SERGIO SPEED FIT MARIO V. KICKBOXING MAIRA	INDBIKE MARIO V. SUSPENTION TRAINING TRX SERGIO FULLDANCE MAIRA	INDBIKE MARIO V. POWER FIT SERGIO YENGAR YOGA MAIRA BOX TRAINING 90Min LUIS ROSALES

MIÉRCOLES	5:00 AM	6:00 AM	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	12:30 PM	3:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM
	INDBIKE CONCHITA (5:30am)	INDBIKE CONCHITA (6:30am) CORE TRAINING JOHANNA	KICKBOXING JOHANNA	XTREME FIT LUIS. R STEP SERGIO	INDBIKE KAREN HI-LOW JOHANNA	YOGA OLGA	INDBIKE KAREN R.	POWER FIT KAREN		FITKIDS BAILE MAIRA	FITKIDS WILSON FULLDANCE MAIRA	INDBIKE MARIO V. CORE TRAINING MAIRA	INDBIKE CONCHITA POWER FIT LUIS TOTAL BODY CONDITION MARIO V.	INDBIKE CONCHITA POWER FIT LUIS FULLDANCE MARIO

JUEVES	5:00 AM	6:00 AM	7:00 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	12:30 PM	3:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM
	INDBIKE SERGIO	SPEED FIT SERGIO	INDBIKE SERGIO	INDBIKE SERGIO SUSPENTION TRAINING TRX FER	KICKBOXING SERGIO	AQUA TRAINING SERGIO	YOGA OLGA				FIT K SERGIO	INDBIKE CONCHITA X-TREME FIT SERGIO TOTAL BODY CONDITION MAIRA	INDBIKE CONCHITA X-TREME FIT FER FULLDANCE MAIRA	INDBIKE CONCHITA POWER FIT FER YOGA MAIRA

VIERNES	5:00 AM	6:00 AM	7:00 AM	8:00AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	12:30 PM	3:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM
		YOGA OLGA	INDBIKE SERGIO	SUSPENTION TRAINING TRX SERGIO	FULLDANCE MAIRA	YENGAR YOGA MAIRA	INDBIKE KAREN	X-TREME FIT KAREN			FITKIDS WILSON	INDBIKE JOHANNA	XTREME FIT JOHANNA BOX TRAINING 90Min LUIS ROSALES	

SÁBADO	6:30 AM	7:00 AM	7:30 AM	8:00 AM	9:00 AM	10:00 AM	11:00 AM
					INDBIKE MARIO X-TREME FIT FERNANDO	FULL DANCE 90 MIN MARIO V. X-TREME FIT FERNANDO	FITKIDS WILSON

- INDBIKE
- FIT
- SALON POLIVALENTE 1
- SALON POLIVALENTE 2